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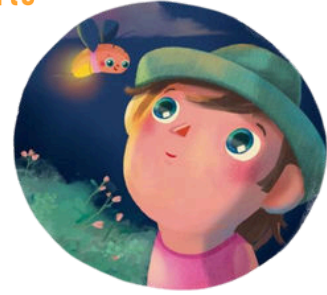
Discovering The Inner Light

Activities

Compliment Circle



Compliment Circle



Objective

Foster connection and appreciation among the group.

Materials

A soft object (e.g., a plush toy, ball).

Instructions

- Sit in a circle with the children.
- Pass the soft object around. When a child holds it, they give a compliment to the person on their right.
- Continue until everyone has received and given a compliment.
- Reflect on how it felt to give and receive kind words.

Takeaway Question

How did it feel to hear a kind word from a friend, and what compliment would you like to share with someone else?