



# L.B.

Discovering The Inner Light

## Activities

### Light in the Darkness





# Light in the Darkness

## Objective

Create a visual representation of shared Light and positivity.

## Materials

Small LED tea lights (one per child).

## Instructions

- Dim the lights in the room.
- Give each child an unlit LED tea light.
- When a child shares what makes them special or how they see the Light in others, they turn on their tea light.
- Watch the room gradually light up with everyone's contributions.

## Takeaway Question

How did you feel when your little light turned on and made the dark room bright with everyone's sharing?